

LADIES' WHITE DRESSES

The Season for WHITE DRESSES is here. Our splendid display carries an adequate array of styles to meet the ideas of every woman.

To see our display will be greatly to your advantage, such pretty dresses moderately priced. Dresses that are rather plain, others beautifully trimmed with fine lace and fine Swiss embroidery. A large number of styles just received.

DRESSES

\$3.98, \$4.98, \$5.98, \$6.98, \$7.50, \$7.98

WASHABLE DRESS SKIRTS

We are showing a large number of styles in these cool, comfortable, neat appearing SKIRTS at prices that you can certainly afford to have one or more.

WHITE SKIRTS \$1.25, OF CORDUROY, an unusually good value, made of good quality, buttons down the entire front with large pearl buttons, thus making it easy to launder and iron, has pocket button trimmed.

OTHER STYLES made of Pique, Palm Beach Cloth, Gabardine, Linen, Repp and Linon in many styles, 98c, \$1.25, \$1.50, \$1.75, \$1.98, \$2.50, \$2.98.

Special Values for Cottagers

Blankets, \$1.49

Sheets, Pillow Slips

of unusually good quality, soft and fluffy, 64x76 size, in blue, pink, grey and tan check. A limited quantity, get yours early.

Norway: *Thomas Smiley* Maine

MIDDLE INTERVALE.

Walter Valentine has a mill on Sanborn brook and does some sawing.

We have picked some ripe wild strawberries.

Clifford Downs of Locke's Mills is at work for H. L. Powers.

Mr. Wm. Eames and Wm. Eames, Jr. and wife visited at the Oliver place, Sunday.

Mr. Joseph Oliver is visiting relatives at Locke's Mills.

Mr. J. B. Barnard and others have bought a lot of hay of Miss S. N. Barnard.

John Carter and family have moved into their summer home here.

Fred Eames and wife of Rumford have been with relatives here.

C. C. Eames has a new auto.

Elmer and Laforest Kimball of Locke's Mills visited their uncle on Osgood Hill.

Charles Abbott and wife visited their daughter in Portland, recently.

P. H. Hall and family have been on Swan's Hill as guests.

Ruth Buck is at home from North Bethel Seminary, where she has been a student.

Robert Farwell is one awarded for good scholarship at Gould's Academy.

The body of Mrs. Holt, who died at Bethel Hill, was brought here for interment beside her husband, Joseph Holt. Her daughter, Mrs. Millie Clark, is at the latter mansion for a while.

W. A. Dragg was here, Tuesday.

Mrs. Ethel Brooks (nee Barnard) and daughter of Haverhill, Mass., are guests at her old home here with her relatives.

All are thankful for the recent rain. Those who attended the graduation exercises at Gould's Academy were highly interested.

EAST BETHEL.

Miss Eva Bean is at home from Colby College.

Mr. Z. W. Bartlett drives his family out in a new Overland touring car, which he recently purchased.

Mrs. Edith Howe and little daughter were guests of her parents, Mr. and Mrs. B. W. Kimball, the past week.

The parents and many friends from here attended the graduation of the class of 1915, Gould's Academy.

Mr. and Mrs. E. A. Trank and two daughters were week end guests of relatives at South Paris and Norway.

Mr. H. E. Bartlett was a guest of his son, W. E. Bartlett and family, the past week at Bethel village.

A party of young people from here enjoyed an auto ride to the Lakes the 13th. They were taken by Mr. Robert Barnard in his new car.

Mr. Harold Hutchins is having his house piped for hot and cold water, and other modern improvements made.

Rev. E. H. Stover of Bryant's Pond held preaching services here, Sunday P. M. at 2:30 o'clock, taking his text from the 32nd Psalm. Sabbath School was organized with Mrs. Edith Howe, Supt.; Miss Ethel Cole, Assistant Supt.; Mr. Freeman Bean, Sec. and Treas.; Mr. Robert Hastings, Librarian. Sabbath School will be held at the church every Sunday P. M. at 2:30 o'clock.

WEST GREENWOOD.

Arta Burgess spent Saturday night and Sunday with her mother.

There was a meeting at Mr. Joe Harrington's, Sunday, and quite a number were present.

Chas. Tuell called at J. P. Coolidge's, Sunday.

BETHEL AND VICINITY.

Miss Eva Bartlett is working for Mrs. E. L. Brown.

Mr. Robert Rich of Berlin, N. H., was in town, Thursday.

Mrs. Fred Wood of South Paris is visiting relatives in town.

Mr. John Moore left Saturday for his home in Sandy Lake, Pa.

Miss Marian Pratt went to her home in Reading, Mass., Saturday.

Miss Minnie Eagle of Portland was in town a few days last week.

Miss Nellie Whitmore went to her home at Seal Harbor, Saturday.

Mrs. Pierce and little daughter left for their home in Freeport, Monday.

Mr. and Mrs. Rufus Rice of Readfield, Me., are visiting relatives in town.

Mr. Chester Wheeler has gone to Gorham, N. H., where he has employment.

Mr. Ward Rounds of Auburn was a week end guest of his mother, Mrs. Rounds.

Gwendolyn Godwin of Newry was a guest of Mr. and Mrs. Rufus Skillings last week.

Miss Mary E. Kimball of Stratford, N. H., is a guest of her sister, Mrs. L. D. Brown.

Mrs. French of Portland was a guest of her sister, Mrs. C. K. Fox, a few days last week.

Mr. Eugene Andrews and daughter, Marion, of Norway were in town commencement week.

Miss Ruth Farrington of Locke's Mills attended the graduation exercises, Thursday afternoon.

Mr. Guy Kendall of Gorham, N. H., was a guest of Mr. B. E. L. Farwell a few days last week.

Prof. F. E. Hancome and daughter, Kathryn, were at their farm at Mechanic Falls, Monday.

Mr. E. P. Callahan has returned from Newport, Vt., where he has been spending several weeks.

Mr. Earl Farnham and friend, Miss Beryl Miller, of Norway were in town, Friday, to attend the reception.

Mr. and Mrs. Cleveland West of Errol, N. H., were guests of Mr. and Mrs. G. L. Thurston last week.

Mrs. Fordyce Brooks of Errol, N. H., was the guest of her mother, Mrs. Roscoe Cross, a few days last week.

Mrs. T. D. Burke and daughter, Emma, attended the commencement exercises at Gorham, N. H., last Thursday.

Mr. Albert Clark of Westworth Institute is spending his vacation with his parents, Mr. and Mrs. Fred Clark.

Miss Annie Cross, Mrs. Abbie Bean and Miss Annie Hamlin returned Saturday from a motor trip to Montpelier, Vermont.

Mrs. Brown returned to her home in Norway, Tuesday, after spending several weeks with her son, Dr. E. L. Brown and family.

Mr. Percy Farnham of Bowdoin College and friend, Lowry Biggers of St. Louis were guests of Dr. and Mrs. F. B. Tuell last week.

Miss Margaret Herrick returned from Mt. Holyoke College, Monday, to spend the summer vacation with her parents, Judge and Mrs. A. E. Herrick.

The State aid road will be built between the Station and Herman Masson's this year and it is expected that work will be begun this week.

Examinations will be held at Bethel and Locke's Mills, Thursday, June 17, for pupils wishing to enter the Academies and High Schools this fall.

Cheap Paint

The cheapest paint is the one that goes farthest and wears best; there is none in a gallon of it.

What is a quart of milk worth? Do you know?

It is worth the price of the milk. It is worth the price of the milk. It is worth the price of the milk.

It is worth the price of the milk. It is worth the price of the milk. It is worth the price of the milk.

It is worth the price of the milk. It is worth the price of the milk. It is worth the price of the milk.

Mr. and Mrs. C. K. Fox were in Norway one day last week.

Mr. and Mrs. Harry Jordan were in Berlin, N. H., Sunday.

Mr. E. E. Randall went to Portland, Saturday, to visit relatives.

Mr. Thomas Talbot attended the Exposition in Portland, Saturday.

Mrs. Ada Myers of New York was calling on friends in town, Monday.

Miss Margaret Ware of York Beach is a guest of Miss Blanche Richardson.

Miss Talbot is spending her vacation with her sister at Kennebago Lake.

Mr. Stanley Wheeler of South Paris was a business visitor in town, Monday.

Mr. Walter Bartlett has purchased the Austin Wheeler place on Chapman street.

Iceland Coffin had the misfortune to break his wrist one day last week while at play.

Mr. and Mrs. N. W. Barker are visiting Mr. and Mrs. Chesley Saunders at Hanover.

Mr. Raymond Ponfild of Norway was a guest at Mr. Eugene Martyn's last week.

Miss Ruth Buck of Northfield Seminary was a Sunday guest of her sister, Mrs. Fred Hall.

Mr. E. H. Young and Mr. T. B. Goodwin attended the Exposition at Portland last week.

Mrs. Mark Allen and two sons of Bryant's Pond were guests at Mr. I. L. Carver's, Monday.

Miss Mae E. Wilby returned from Portland, Monday, where she has been spending a few weeks.

The Ladies' Club will meet with Mrs. Benjamin Kimball, Thursday afternoon at three o'clock.

Mr. and Mrs. A. M. Bean of East Bethel were guests of Mr. and Mrs. Edmund Merrill, Thursday.

Miss Maria Pease and Miss Gertrude Briggs of Arlington, Mass., are spending a few weeks in Bethel.

Mr. and Mrs. Arthur Cummings of Greenwood attended the graduation exercises, Thursday afternoon.

Mrs. John Philbrook is spending a few days with her daughter, Mrs. Frank Brown, at So. Portland.

Miss Ruby Ashby and Mrs. R. B. Tibbets and son, Ashby, left for Caribou, Monday, to visit their parents.

Mr. and Mrs. Walter Ring and son, Wendall, of West Paris were week end guests of Mr. and Mrs. Frank Kendall.

Miss Eva Bean of Colby College was a guest of her brother, Frank Bean, at Dr. R. B. Tibbets' last Thursday.

Miss Ida Packard left for Ithaca, N. Y., Saturday, where she will attend the commencement exercises at Cornell University.

Dr. B. F. Bradbury, Mr. and Mrs. J. L. Finney and Mr. and Mrs. E. L. Cowan were guests of Mr. and Mrs. E. H. Young last week.

Mrs. Allen came Saturday to spend the summer with her daughter, Mrs. Elmer Allen. Mr. Allen accompanied her, returning home Sunday.

Mrs. Harvey Mansfield returned to her home in Jonesport, Me., after spending a few weeks as the guest of Mrs. Carver and Mrs. Mansfield.

Mrs. Sam Caldwell and children of Oxford and Mrs. Perkins of So. Paris were guests of Mr. and Mrs. Frank Bartlett, during graduation week.

Mrs. John Hastings of Haverhill, Mass., and Mrs. Fred Dodge of New York accompanied the remains of Mr. John Hastings to Bethel, Monday.

The Sunday excursions to Berlin will start the 20th, and the excursions to Portland on the 27th. Train schedules and rates the same as last year.

On Saturday evening a company of friends called on Harold Chapman to celebrate his birthday which came on Monday the 15th. The surprise was complete, for he did not associate the presence of so many with his own anniversary or with himself at all, until all were invited to share in his birthday cake. Then a merry party met around the dining table to enjoy the refreshments of ice cream and cake. Later social games were enjoyed, and the party came to an end with a jolly, good night song.

EMBROIDERY GOODS

for your summer fancy work. Some of the latest ideas in Pillow Covers, Doilies, Center Pieces, Laundry Bags, Guest Towels, Tray Cloths, Pillow Cases, Etc.

Persiana, Braids, Fringes, Embroidery Hoops, Etc.

CORSETS

KABO and FLEKO FORM Corsets, the correct shapes. Why not try them? Prices \$1.00, \$1.50 and up.

EDWARD KING,
BETHEL, MAINE



J. B. HAM & CO., Bethel, Maine.

The dormitory will be closed for the summer.

Miss Bernice Smith of Old Town was a guest at Mr. E. L. Arno's last week.

Francis Chandler has gone to Norway to attend the High school graduation.

Miss Doris Moore from North Bethel is visiting her brother, Mr. Ralph Moore.

Mr. Edwin Parlin has returned from the West and is stopping at Mr. N. F. Brown's.

Mr. Harold Chandler is visiting his grandparents, Mr. and Mrs. Frank S. Chandler.

Oscar and Perry Judkins of Upton were guests of Mr. and Mrs. R. E. L. Farwell last week.

Mr. and Mrs. Clinton Motcalf and daughter, Theresa, were guests of Mr. Seth Walker, Sunday.

The Foreign Missionary Society will meet with Mrs. Addie Andrews, Thursday afternoon, June 17.

The W. C. T. U. was postponed until Tuesday, June 22, when it will meet with Mrs. A. M. Clark.

Mr. Lee Vail from North Newry spent the week end at Mr. Howard Coburn's on Paradise road.

Mrs. E. L. Arno, who has been spending several weeks with her sister at Auburn, has returned home.

Dr. and Mrs. I. H. Wight attended the Maine Medical meeting and banquet at Poland Springs last week.

Mr. Clyde Lowe and Marjorie Staples of Bryant's Pond were guests of Mr. and Mrs. Charles Cole last week.

Judge A. E. Herrick, E. C. Park, Esq., and H. H. Hastings, Esq., attended Probate Court at So. Paris, Tuesday.

Children's Sunday will be observed in the Universalist Church next Sunday with a sermon for the occasion, and the baptism of children.

A troop of Boy Scouts from Gorham, N. H., with their Scout Master, Rev. G. L. Pressey, were in the village, Tuesday, on their way to Bryant's Pond where they will spend a week in camp.

Miss Florence E. Carter, who returned home from her school year at Morganton, N. C. last week, left Monday morning for a few weeks' visit with her former pupil, Miss Catherine Seaton and her parents at their home in Greenwich, Conn.

Dr. and Mrs. Arthur Wiley and daughter, Olive, returned to their home in Bar Mills, Monday. Miss Doris Frost accompanied them for a short visit.

Mrs. Everett and daughter, Mrs. D. T. Durell, went to Norway, Wednesday, to attend the wedding reception of Mrs. Everett's brother, Mr. Theodore Frost.

Mr. and Mrs. N. R. Springer went to Farmington, Wednesday, to attend the graduation exercises of their daughter, Miss Florence Springer, at Farmington Normal School.

Mr. and Mrs. Fred Chandler of Auburn came to Bethel, Saturday, and spent Sunday with their daughter, Marjorie, who has been spending a few weeks with her grandparents.

Mr. and Mrs. Fred Emery and daughter, Helene and Mr. Keimner of Mexico and Miss Hilda Chandler, who has been visiting Mrs. Emery, were guests of Mr. and Mrs. F. S. Chandler, Sunday.

Rev. J. H. Little was at Grafton, June 10 to officiate at the wedding of Harry Clayton Coolidge of Upton and Ruth Eliza Canning of Grafton. Both were former students at Gould's Academy.

Thomas Henry Tracy and Maude Myrtle Flint, both of Magalloway Plantation, were at the residence of Rev. Mr. Little last Saturday evening and were united in marriage using the double ring service.

LOCKE'S MILLS.

Lester Tibbets has bought him an auto.

Mrs. Curtis Abbott received a visit from her brother, Guy Coffin, of Mechanic Falls, Sunday.

Mrs. Roy Brown and two children of Berlin, N. H., visited with her husband's sister, Mrs. Ralph King, last week.

Mrs. A. B. Stowell, Misses Hilda Hoffman, Ruth Farrington and Janis Jeffards attended the graduation exercises at Bethel, Thursday.

Mrs. Joseph Oliver of Bethel was a guest at Will Bean's, Sunday.

Mrs. H. P. Maxim and two daughters are visiting her parents, James Chadbourn and wife, at North Bridgton.

H. N. Bragdon of South Paris was here Friday night with his moving pictures. Everyone reported a good show.

Mrs. C. B. Bartlett attended the Universalist Convention at Auburn last week.

All deeds are doubled with an evil word.

To study the world is better than to shun it.

WE PRINT BUTTER PAPER

Regulation size with name and address of maker and net weight, in accordance with Federal Law, for

\$2.50 per 1000 Sheets

By Parcel Post 15 Cents additional

We Furnish the Paper.

The Citizen Office

THE H

Pleasant R
Dedicate
as they
Circle a
SHOULD WE

Appropriate S
Housewives
Getting Awa
As Summer
wife who does
ing long to a
stove and the
the same kind
This is not an
from the stand
of the body's
riety always
which must be
no reason why
work agreeable
reaction is mer
us efficient the
duties well.

Because of th
makes much o
because the w
to us to come
ing things arou
wish to answer
by so doing we
fulness in even
some readjustm
hold duties if w
and yet provide
the family.

We find it n
pare a fresh,
contain a store
ment than to
small amount o
pare a gelatine
desired in conti
hours of fire ne
padding.

Then from th
find by a little
that the lighte
desirable but th
as always, that
of food material
it is in the rig
various kinds o

There are two
must do for us,
matter where w
cupation. First
bodies and keep
second, it must
bodies to move
tion of the mind

There are co
which are bette
for each of the
In order to bui
tissue we must
tain the kind o
deavoring to pr
der to build up
foods such as eg
etc., which cont
as muscle in su
can transform i
if we wish to f
in order that t
the dictates of
must furnish a
burned or oxid
thus furnish the
There is just
in the body mat

There are co
which are bette
for each of the
In order to bui
tissue we must
tain the kind o
deavoring to pr
der to build up
foods such as eg
etc., which cont
as muscle in su
can transform i
if we wish to f
in order that t
the dictates of
must furnish a
burned or oxid
thus furnish the
There is just
in the body mat

There are co
which are bette
for each of the
In order to bui
tissue we must
tain the kind o
deavoring to pr
der to build up
foods such as eg
etc., which cont
as muscle in su
can transform i
if we wish to f
in order that t
the dictates of
must furnish a
burned or oxid
thus furnish the
There is just
in the body mat

There are co
which are bette
for each of the
In order to bui
tissue we must
tain the kind o
deavoring to pr
der to build up
foods such as eg
etc., which cont
as muscle in su
can transform i
if we wish to f
in order that t
the dictates of
must furnish a
burned or oxid
thus furnish the
There is just
in the body mat

There are co
which are bette
for each of the
In order to bui
tissue we must
tain the kind o
deavoring to pr
der to build up
foods such as eg
etc., which cont
as muscle in su
can transform i
if we wish to f
in order that t
the dictates of
must furnish a
burned or oxid
thus furnish the
There is just
in the body mat

There are co
which are bette
for each of the
In order to bui
tissue we must
tain the kind o
deavoring to pr
der to build up
foods such as eg
etc., which cont
as muscle in su
can transform i
if we wish to f
in order that t
the dictates of
must furnish a
burned or oxid
thus furnish the
There is just
in the body mat

There are co
which are bette
for each of the
In order to bui
tissue we must
tain the kind o
deavoring to pr
der to build up
foods such as eg
etc., which cont
as muscle in su
can transform i
if we wish to f
in order that t
the dictates of
must furnish a
burned or oxid
thus furnish the
There is just
in the body mat

There are co
which are bette
for each of the
In order to bui
tissue we must
tain the kind o
deavoring to pr
der to build up
foods such as eg
etc., which cont
as muscle in su
can transform i
if we wish to f
in order that t
the dictates of
must furnish a
burned or oxid
thus furnish the
There is just
in the body mat

There are co
which are bette
for each of the
In order to bui
tissue we must
tain the kind o
deavoring to pr
der to build up
foods such as eg
etc., which cont
as muscle in su
can transform i
if we wish to f
in order that t
the dictates of
must furnish a
burned or oxid
thus furnish the
There is just
in the body mat

There are co
which are bette
for each of the
In order to bui
tissue we must
tain the kind o
deavoring to pr
der to build up
foods such as eg
etc., which cont
as muscle in su
can transform i
if we wish to f
in order that t
the dictates of
must furnish a
burned or oxid
thus furnish the
There is just
in the body mat

There are co
which are bette
for each of the
In order to bui
tissue we must
tain the kind o
deavoring to pr
der to build up
foods such as eg
etc., which cont
as muscle in su
can transform i
if we wish to f
in order that t
the dictates of
must furnish a
burned or oxid
thus furnish the
There is just
in the body mat

There are co
which are bette
for each of the
In order to bui
tissue we must
tain the kind o
deavoring to pr
der to build up
foods such as eg
etc., which cont
as muscle in su
can transform i
if we wish to f
in order that t
the dictates of
must furnish a
burned or oxid
thus furnish the

OODS
atest ideas in Pillow
(Guest Towels, Tray
Hoops, Etc.

correct shapes. Why

G,
MAINE

FEED

Your neighbor
is ashamed
of his
half grown
runts fed on
"Something
just as good"

hel, Maine.

rs. Arthur Wiley and
ve, returned to their
ills, Monday. Miss Doris
nied them for a short

and daughter, Mrs. D.
to Norway, Wednesday,
wedding reception of
brother, Mr. Theodore

N. B. Springer went to
ednesday, to attend the
ercises of their daugh-
ter, Mrs. Springer, at Farm-
School.

Fred Chandler of Au-
Bethel, Saturday, and
with their daughter,
has been spending a few
grandparents.

Fred Emery and daugh-
ter, Mrs. Keener of Mexico
Chandler, who has been
Emery, were guests of
S. Chandler, Sunday.

Little was at Grafton,
ediate at the wedding of
Coolidge of Upton and
marriage of Grafton. Both
students at Gould's Acad-

ary Tracy and Maude
oth of Magalloway Plan-
at the residence of Rev.
Saturday evening and
in marriage using the
rvice.

KE'S MILLS.
nts has bought him an

Abbott received a visit
her, Guy Coffin, of Me-
Sunday.

rown and two children
L, visited with her hus-
Mrs. Ralph King, last

Stowell, Misses Hilda
Farrington and Janis
ended the graduation exer-
l, Thursday.

Oliver of Bethel was a
Bean's Sunday.
Maxim and two daugh-
thers her parents, James
d wife, at North Bridge

on of South Paris was
ght with his moving pic-
re reported a good show.
Bartlett attended the
vention at Auburn last

world is better than to

R PAPER

nd address
accordance

Sheets

onal

fice

THE HOME CIRCLE.

Pleasant Reveries—A Column
Dedicated to Tired Mothers
as they Join the Home
Circle at Evening Tide.

SHOULD WE EAT LESS IN
SUMMER AND WHY?

Appropriate Suggestions to the Maine
Housewives Who Will Appreciate
Getting Away from the Hot Stove.
As Summer approaches the house-
wife who does much of her own cook-
ing longs to get away from the hot
stove and the monotony of preparing
the same kinds of foods day after day.
This is not an unnatural desire either
from the standpoint of preparation or
of the body's needs. Change and vari-
ety always lend a charm to work
which must be performed and there is
no reason why we should not make our
work agreeable since it is our life. Recre-
ation is merely a means of keeping us
efficient that we may perform our
duties well.

Because of the heat in summer which
makes much cooking unpleasant and
because the woods and fields call out
to us to come and grow with the grow-
ing things around us, and because we
wish to answer this call knowing that
by so doing we are increasing our use-
fulness in every way, there must be
some readjustment of our routine house-
hold duties if we are still to enjoy them
and yet provide the necessary food for
the family.

We find it much pleasanter to pre-
pare a fresh, crisp salad, which may
contain a store of adequate nourish-
ment than to broil a steak, and the
small amount of heat necessary to pre-
pare a gelatine dessert is much to be
desired in contrast with three or four
hours of fire necessary to steam a fruit
pudding.

Then from the body standpoint, we
find by a little study and investigation
that the lighter foods are much more
desirable but that care must be taken,
as always, that both the right amount
of food material is supplied and that
it is in the right proportions of the
various kinds of food.

There are two things which our food
must do for us, winter or summer, no
matter where we live or what our oc-
cupation. First, it must build up our
bodies and keep them in repair; and
second, it must furnish power for our
bodies to move and act at the direc-
tion of the mind.

There are certain kinds of food
which are better adapted than others
for each of these separate functions.
In order to build up or repair the body
tissue we must have food which con-
tains the kind of material we are en-
deavoring to produce. That is, in or-
der to build muscle we must furnish
foods such as eggs, milk, meat, cheese,
etc., which contain the same substances
as muscle in such form that the body
can transform it into muscle. Again,
if we wish to furnish heat and energy
in order that the muscles may obey
the dictates of the mind and will, we
must furnish a food which may be
burned or oxidized by the body and
thus furnish the thing required.

There is just about the same waste
in the body material the year around.

HOW WOMEN AVOID OPERATIONS

By Taking Lydia E. Pink-
ham's Vegetable
Compound.

Cleveland, Ohio—"My left side
pained me so for several years that I
expected to have to
undergo an opera-
tion, but the first
bottle I took of
Lydia E. Pinkham's
Vegetable Compound
relieved me of the
pains in my side
and I continued its
use until I became
regular and free
from pains. I had
asked several doc-
tors if there was anything I could
take to help me and they said there
was nothing that they knew of. I am
thankful for such a good medicine and
will always give it the highest praise."
—Mrs. C. H. Gaffrith, 1668 Constant
St., Cleveland, Ohio.

Hanover, Pa.—"I suffered from fe-
male trouble and the pains were so bad
at times that I could not sit down. The
doctor advised a severe operation but
my husband got me Lydia E. Pinkham's
Vegetable Compound and I experienced
great relief in a short time. Now I feel
like a new person and can do a hard
day's work and not mind it. What joy
and happiness it is to be well once more.
I am always ready and willing to speak
a good word for the Compound."—Mrs.
Ada Wray, 208 Walnut St., Hanover, Pa.

If there are any complications you
do not understand write to Lydia E.
Pinkham Medicine Co. (confidential)
Lynn, Mass. Your letter will be opened,
read and answered by a woman and
held in strict confidence.



which must, if we are kept at a point
of highest efficiency, be resupplied each
day. However, the amount of heat and
energy we require varies with the tem-
perature and the amount of exercise
we are taking. Therefore, in the sum-
mer when the days are warm and we
may be having less bodily activity we
shall not require as much heat and
energy producing food as in the win-
ter when we are perhaps more active
and the mercury falls low in the ther-
mometer. If the order of our duties
are reversed, and our greatest activity
comes in the summer, then we must pro-
vide for it; but with equal demands in
winter and summer we shall need less
in summer owing to the extra amount
of heat in the atmosphere which we
need not supply. Our tissue building
foods also yield heat and energy, and
if used in excess overtax the organs of
digestion and assimilation, thus mak-
ing a still greater demand for energy
producing food in order that these or-
gans may do the extra work laid upon
them.

Therefore, in summer we should re-
duce both kinds of food; the tissue
building food to the limit of the body's
needs and the fuel foods such as fats,
sugar, and starch according to the tem-
perature of the air and the amount of
work or action we expect from our
bodies.

Some Summer Suggestions.
From My Wife's Recipe Book.
Cucumbers sliced thin with mayon-
naise dressing and English walnuts,
make good filling for sandwiches.

In roasting meat turn it over with a
spoon instead of a fork, as the latter
pierces the meat and lets the juice out.
New potatoes can be easily scraped
if put into hot water. The water
should be just hot enough to put the
hands in.

A good filling for brown bread sand-
wiches may be made by using cold
baked beans, mashing them and strow-
ing with minced celery.

Vinegar left over from sliced cucum-
bers need not be thrown away; it can
be used for making mayonnaise and
will give it a fine delicate flavor.

Cheese that has become dry may be
made into something delicious by grat-
ing it and adding butter and cream or
milk. Stir with a fork until it be-
comes creamy.

Adding diced canned pineapple to
shrimps and celery in making shrimp
salad makes a delicious combination.
Either boiled dressing or mayonnaise
may be used with it.

Baking powder biscuit may be made
dainty and seem lighter than usual by
rolling the dough thinner than usual
and using two cuts for one biscuit,
laying one on top of the other.

A beautiful rose color to mayon-
naise dressing may be imparted by
taking the vinegar used over pickled
beets with the egg and cream used in
the ordinary cooked dressing. It has a
"different" flavor, too.

An egg and spinach salad may be
made by using cold boiled spinach,
tossed up with French dressing, the
yolks of hard boiled eggs pressed
through a "ricer" over it and the
whites sliced and placed around the
spinach.

Cold roast veal may be dressed with
mayonnaise and served like chicken as
a salad. Cut the meat into very thin
small slices or into dice. Place it in a
nest of lettuce and dress it with may-
onnaise, adding a few capers. Green
peas may be placed in a border around
the meat.

Lettuce may be kept for some time
in hot weather without wilting by put-
ting it after it has been washed for
the table and then shaken free of
water into a tight pail or a large can.
If the cover is tight it will keep fresh
and crisp for the better part of a week
with no cooler place than the summer
cellar or storeroom. A stone jar with
a tight cover is better than pail or can.

To make a simple salad dressing
that will keep, mix one teaspoonful
each of flour, mustard and salt and
one tablespoonful of sugar. Add half
a pint of hot vinegar. Boil, then pour
over two beaten eggs. Set back on the
stove and add a small piece of but-
ter. Thin with cream when cool.

A rhubarb jelly made quite the same
as the well known brown jelly, save
that rhubarb is substituted for the
apples, is excellent. It is served with
a hot sauce made of the juice of the
cooked rhubarb sweetened and thick-
ened with cornstarch.

Vegetables may be preserved for
winter use by putting them in a hard

wood butter tub between layers of
coarse-fine salt, after they have been
picked over and cleaned, washed and
well drained. Have the top layer of
salt with not a dandelion in sight and
put on top of all a big plate or circular
pieces of hard wood weighing it down
with a couple of bricks. When needed
for use take the dandelions out, wash
and soak over night in cold, fresh
water.

A good appetizer for the women too
dreaded to eat the meal after getting it
ready for the table, is made by mixing
up a raw egg, beaten until light, with
a little sugar and milk, flavored to
taste and drank about half an hour
before dinner. It will remove the faint-
ness but not spoil the dinner.

Some may not like baked bananas
but for those who relish them or eat
them for their gentle laxative quali-
ties, they may be prepared by taking
off one section of the peel, loosening
the rest, adding a teaspoon of sugar,
a little salt and half teaspoon of lemon
juice for each and baking until brown,
some 15 or 20 minutes. To be eaten
hot with cream.

SOUTH PARIS.

The factory of the Mason Manufac-
turing Co. shut down Saturday to re-
main closed for six weeks. It is ex-
pected that it will start up the last
week in July.

Mrs. L. E. Bean, Miss Cora J. Mason
and Pauline have returned to their
home for the summer after spending
the winter in Portland.

Mr. and Mrs. A. D. Park were at
their cottage at Old Orchard for the
week end.

The office hours of the post office
have been changed to 7 A. M. to 6.30
P. M., week days, and Sunday, 8 to
6.30 P. M.

Mr. and Mrs. H. W. Dennison and
daughter, Dorothy, who have been with
relatives here for a few weeks, left
Saturday on their return to their home
in Auburn, Ind. They will visit in
some other places on the way.

Dr. and Mrs. J. G. Littlefield and Dr.
and Mrs. D. M. Stewart were at the
Poland Spring House last Wednesday
and Thursday attending the meeting
and banquet of the Maine Medical So-
ciety.

Among the teachers who have de-
cided not to teach during the coming
year are Mrs. H. C. Fletcher and Miss
Sylvia E. Wear of the village schools,
Miss Lulu Davis of the King school,
and Austin Stearns of the Forbes
school. Miss Theodora Chandler of the
West Paris Intermediate resigns to ac-
cept a position in the Portland schools.

Nearly a hundred and fifty were
present Friday evening at the district
Religious meeting, held with Mount
Pleasant Lodge. The lodges included
in the district are those at South Paris,
Norway, Mechanic Falls and Backfield.
Men. Backer of Lisbon, vice president
of the Religious Assembly, attended the
meeting, and there were other visitors.

Mr. Pleasant Lodge conferred the de-
gree on three candidates. During the
evening there were remarks by some
of the visitors, refreshments were serv-
ed, and a social time was enjoyed
which lasted till a late hour.

Mr. and Mrs. Walter L. Gray are
looking for the Mystic Shrine trip to
the Pacific coast, to attend the Im-
perial Council which meets at Seattle.
The party leaves Portland, Saturday,
July 3, and the regular schedule covers
thirty days. The itinerary is an at-
tractive one, including four days in
Seattle, five at San Francisco, two in
Los Angeles, one in San Diego, two at
Glacier Park, and shorter stops at num-
erous other points of interest along the
way.

Worms Cause Many Children's Ills

Worms, by thousands, rob the child
of nourishment, stunt its growth, cause
irregular appetite, fever and some-
times rashes. Kickapoo Worm Killer
gives relief from all these. One fourth
teaspoon of this pleasant candy sugar-
taste, taken as directed, will remove the
worms, regulate your child's bowels
and restore its health and vitality. Get
an original box from your Druggist.
Don't endanger your child's health and
future when a sure and simple remedy
is so near.

Be all that you can to stand, and
then fear lest you may fall, and by the
grace of God you are safe. — Proverb

CANTON

Sylvester Ellis of Minneapolis, Minn.,
and a former Canton citizen, is visit-
ing his brother and sisters in town. His
last visit was made here twelve years
ago.

Albert Lavorgna is at home from the
U. of M., Orono.

Dr. Frank W. Morse and wife, Miss
Maude Ellis, Dr. Ralph W. Bicknell
and Miss Alice H. Nulty attended the
meeting of the Maine Medical Associa-
tion at Poland Springs last week.

Mrs. Marion A. Smith attended the
Universalist Convention at Auburn.

Joseph Gammon and Virgil Fletcher
have been on a fishing trip.

Mr. and Mrs. Dayton Bolster of So.
Paris have been guests of his sister,
Mrs. W. B. Gilbert, and family.

L. C. Stetson has been a guest of his
son, E. L. Stetson and family, of Dix-
field.

Charlie Winslow, the little seven
year old son of Charles Winslow and
Cora Roundy Winslow of North Hart-
ford, passed away Saturday night af-
ter an illness of tonsillitis, followed by
meningitis. The child was ill but a
week. He had never been well from
birth. He leaves his parents, one brother
and three sisters. Mr. Winslow and
family have lived on the farm known
as the John Manwell farm for a year
or more, coming from Sidney, where
the remains will be taken for interment.

A daughter arrived in the home of
Mr. and Mrs. Will Robinson of Hart-
ford, June 11th.

The house of Prescott Bosworth of
Hartford has been torn down and a
new one being erected. This house was
over one hundred years old.

John Holman of Dixfield was fined
for reckless auto driving on the streets of
Canton village, Saturday night.

Children's Day was observed at the
Universalist Church, Sunday, and the
church was prettily decorated. Songs
and recitations by the children were
excellent and much enjoyed.

Warren Lewis of Baltimore, Md., is
a guest of Joseph Stone and family.

G. A. Ellis and family spent Sunday
with Mr. and Mrs. Hiccock of Farm-
ington.

Canton Grange observed Children's
Day, Saturday, and a fine program was
given by the children. The third and
fourth degrees were conferred in the
forenoon. A bountiful dinner was serv-
ed and games were enjoyed after the
entertainment.

The cottage at the lower end of the
lake, known as the Joseph Mendall
place, has been burned the past week.

Annasquaticook Lodge will meet but
once in two weeks during the remain-
der of the summer.

Michael Onfrillo and Frank Romano
have gone to Bangor to work.

Mrs. Frank L. Walker is in West-
brook this week to attend the reunion
of her classmates of Westbrook Sem-
inary.

Marco Lavorgna has been at Poland
Springs the past week, where he is
furnishing men for the contractor of
the State road.

Mrs. Helen A. Eastman was in Lew-
iston last week, where she received the
Degree of Chivalry at the meeting of
the Patriarchs Militant.

Mr. and Mrs. E. E. Westgate attend-
ed the piano recital of Miss Wells at
Lewiston, Friday evening, when their
daughter, Miss Eleanor, took part.

Mrs. Evie Burke has purchased the
house on Spring street occupied by
Frank Romano and family.

Wilbur Briggs has purchased an auto.
Mrs. Arthur E. Forbes of So. Paris
has been spending a few days at the
home of her uncle, W. B. Gilbert.

Harold B. Gilbert spent the week
end with his wife at Madison.

Harry Douglass of Backfield has
been visiting at the home of A. W.
Ellis and family.

Canton base ball nine played at Jay,
Saturday, with the Jay nine, who won
the game.

Mr. and Mrs. Frank Garrett of New
Vineyard, who have been guests of F.
H. Handy and wife, have gone to Pop-
ham Beach for an outing.

The honor of writing the class ode
for the Hebron Academy graduation
has been given Miss Marguerite Hollis,
who is one of the graduates this month.

The students are at home from Lec-
aw Institute for the summer vacation.
The scholars of the intermediate
school have purchased a nice clock for
their school room.

A dance will be held at the Opera
House next Friday evening for the
benefit of the Canton base ball team.

Mertram Henry of Roxbury has pur-
chased the farm owned by John E.
Stetson in Canton.

Mr. and Mrs. A. P. Russell and Mr.
and Mrs. A. F. Russell, Jr., visited Mr.
and Mrs. Abbott Russell at Poland,
Sunday.

Edgar Roberts of Lewiston is a
guest of Wm. L. Roberts and family.

The marriage of Everett E. Johnson
and Mrs. May Washman Bicknell of
Hebron took place last week.

BLUE STORES

Are You Ready for the Fourth?

It will be hot, so make your preparations accordingly. We've
things to wear that will add a great deal to your comfort and your ap-
pearance as well. Light Summer Homes pun, Palm Beach and Serge
Suits, with all the snap of Summer style, \$7.50, \$8.50, \$10, up to \$20.

Summer Furnishings

Negligee Shirts with and without collars, Silk and Lisle Hose,
Underwear in Zephyr weights, Monogram Belts, Wash Ties and all
other Summer wearables.

Straw Hats

Here's the place to get the one you'll like—fair in price and of a
quality that's reliable, 50c to \$5.00.

We've plenty of hot weather comfort in store for you.

F. H. NOYES CO.

NORWAY

SOUTH PARIS

Improved Easy Cushion Sole Shoes

We have added this line of very comfortable shoes to our stock, and
they are all that the name implies. And not only that, they are very
neat in appearance, they are dress shoes with all the comfort of the so-
called comfort shoes combined. We have two styles: Women's Kid
Lace Cloth Top and Kid Button Kid Top. The price is \$4.00.

We also have many other new things in Footwear. Do not forget
if it is shoes that you want you can find what you want here.

E. N. SWETT SHOE CO.

Opera House Block, NORWAY, MAINE.

Telephone 38-2

GRAIN AND FEED

Lily White Flour

The kind the best cooks use.

GRASS SEED

WOODBURY & PURINGTON,

BETHEL,

MAINE.

EAST SUMMER.

On Saturday, June 13, was Children's
Day at Union Grange. All the chil-
dren in town, their teachers and par-
ents were invited. A large number
accepted and more than one hundred
children were present. A long pro-
gram by the children was carried out
in the afternoon. They were treated
to ice cream and confectionery.

Mr. and Mrs. William Kerr and chil-
dren, Mabel and Rupert, were guests
at her father's, Levi Bryant's, Sun-
day, also Frank Bryant.

Miss Mildred E. Keene is postmis-
tress and clerk at Pleasant Island again
this summer.

Horatio Gammon of Portland is vis-
iting his cousin, John H. Bonney.

The little daughter which was wel-
comed by Mr. and Mrs. C. M. Stephens,
May 28, has been named Doris.

Mrs. Ella G. Braden was a guest of
her son and wife, Mr. and Mrs. P. S.
Bradson, recently.

Mr. and Mrs. Sullivan Waterhouse
were calling on friends in this vicinity
a short time ago.

Mr. and Mrs. Geo. Good from Me-
chanic Falls, who were at home here
for two weeks doing their planting,
have returned to Mechanic Falls. Mrs.
Good is improved in health.

John H. Robinson has returned home
after a pleasant visit with his son,
Leonard, in Concord, Mass.

E. B. H. Stetson has returned from
a week's stay in Massachusetts with
a bride.

Ellen Tucker spent the week end
with her parents, Mr. and Mrs. W. D.
Tucker.

William Allen of Livermore Falls
was calling in town, recently.

Elsie Palmer has closed her school
at Rumford and returned home for the
summer vacation.

Everett M. Bessey of Rumford called
on his sister, Mrs. C. A. Bonney, one
day last week.

W. D. Tucker is improving his home
with a coat of paint. Lester Merrill
is assisting him.

John Bonney is improving his build-
ings by adding a piazza and bay win-
dow.

Mr. and Mrs. A. P. Russell and Mr.
and Mrs. A. F. Russell, Jr., visited Mr.
and Mrs. Abbott Russell at Poland,
Sunday.

Edgar Roberts of Lewiston is a
guest of Wm. L. Roberts and family.

The marriage of Everett E. Johnson
and Mrs. May Washman Bicknell of
Hebron took place last week.

Between two evils choose neither;
between two goods choose both.

Our teachers should teach the duty
of happiness, as well as the happiness
of duty.

OXFORD.

Helen Akers, teachers of the Inter-
mediate grades and Vera Caine of the
primary department have returned to
their respective homes in Andover and
Standish.

Oona White entertained Ruth Pierce
of Hebron Academy during graduation.
Dr. E. B. Holden was in Lewiston,
Saturday.

Rev. Malcolm MacKay attended the
Congregational Conference at So. Paris.
George Blake of Beverly, Mass., is
visiting his father, H. O. Blake.

Twenty-three of the Knights of
Pythias and Pythian Sisters were en-
tertained by the Hamlin Temple at
South Paris, recently.

Lester Richardson has returned to
Hancock.

Mr. and Mrs. Benjamin Stanley of
Dyden are at H. P. Jenkins'.

Mrs. Rebecca Lowell and daughter,
Hazel, are visiting Mr. and Mrs. John
Eldon.

Lillian Parrott, G. J. Parrott and
Isabelle Parrott returned from Port-
land, Friday afternoon.

Mr. and Mrs. Allen Richardson of
Hancock were at Principal John Dy-
er's during commencement week.

Mr. and Mrs. Leon Cash of Lith-
field were at George Cash's.

Marion Starbird, a student of Colby
College, was at home for O. H. S. grad-
uation.

Mr. and Mrs. H. B. Farris and Dr.
W. B. Haskell were at Poland Spring
last week to attend the medical con-
ference.

Dorothy Webb and Marion Starbird
returned to Waterville, Saturday.

YOUR COUGH CAN BE STOPPED

Using care to avoid draughts, expos-
ure, sudden changes, and taking a treat-
ment of Dr. King's New Discovery,
will positively relieve, and in time will
surely rid you of your Cough. The
first dose soothes the irritation, checks
your Cough, which stops in a short
time. Dr. King's New Discovery has
been used successfully for 45 years and
is guaranteed to cure you. Money back
if it fails. Get a bottle from your
Druggist; it costs only a little and
will help you so much

T E D

Woman who would like
a beautiful pair of
For particulars ad-
dres Co., Inc., Lynn,
to red tape to this offer.

Merchants

COUNTRY

PRODUCTS.

O WOMEN

ical, cleansing and
all antiseptics is

time

eptic Powder to

water as needed.

Disinfectant for douches,
inflammation or
throat, and that

its use has no equal.

Lydia E. Pinkham
recommended Paxtino

correspondence with
its superiority.

been cured say
light in gold." At

box, or by mail.

Co., Boston, Mass.

ekend-kills.

Factor should use
the product will be

on chickens be-
cause on the label and

chickens will not
be used in ac-

those described
within the purview

of 1910, and are
against chicken

not, in fact, be ef-

fect in use when used

the directions giv-

er, are misbrand-

ed of the act, and

act to prosecution

the act, while the

to seizure under

ct.

Your Shoes

the antiseptic pow-

dering, tender, nec-

roses the sting of

Over 100,000 pack-

ing the German and

front. Sold ev-

le FREE. Address,

Roy, N. Y. Adv.

HILL.

from Shelburne,

Monday and called

sister, Mrs. N. A.

over attended the

of his grandniece,

er, Gorham High,

"w" with friends in

to are building Mr.

house, are boarding

linger were in the

went to Gorham to

ment exercises of

Grude Grover, last

REWARD.

ay-school teacher

story:

of Valentine Day,

prize of \$5 to the

RUMFORD

The Rumford Girls Band gave a con-
cert in Tuscan Opera House at Dixfield
on Tuesday evening of this week.

Mrs. Lizzie Roberts of Virginia is
visiting Mr. and Mrs. Charles Eaton
at Newry.

Miss Blanche Dewey and brother Al-
ton, have gone to Canada for a
month.

Phil Herbert has sold his trucking
business to Claude Quigley. Mr. Her-
bert has returned to his old job as
team fitter in the International mill.

George Swab has purchased a Reo
the Fifth of J. E. Stephens.

Among the doctors from Rumford
who attended the sixty-third annual
meeting of the Maine Medical Associ-
ation were: Dr. W. T. Rowe and wife,
Dr. J. A. Greene and wife, Mr. E. M.
McCarthy and wife, Dr. J. A. Nile and
wife, Dr. A. L. Stanwood, and Dr. O.
M. Dabee.

Among those from Rumford who at-
tended the Maine Universalist Con-
vention at Auburn last week were: Rev.
William Gaskin, Mrs. Catherine Mc-
Kenzie, Miss Marguerite McKenzie,
Mrs. Roscoe Swain, Mrs. J. A. Nile,
Mrs. Clara Jones and Mrs. George
Gates. Mr. Gaskin made the report on
the Y. P. C. U. at Thursday's business
session, and Miss McKenzie made the
report on the P. O. Mission.

Mrs. Fred Ross, Jr., and two chil-
dren, Robert and Corinne, have gone
to Quebec to spend the summer with
Mr. Ross' parents, Fred Ross, Sr. and
wife, who formerly resided in Rum-
ford.

W. B. Hayes of Washington, D. C.,
superintendent of construction for the
United States, was in town last week
on business connected with the pro-
posed postoffice building. An exami-
nation of the soil taken from the pits
which have been dug, did not furnish
Mr. Hayes the information as to what
kind of a foundation should be con-
structed, and he ordered the contractor,
Mr. John McGregor, to have other pits
dug. The samples of soil from the
several pits are put in cans and taken
to the supervising architect's office in
Washington. Mr. Hayes came here
from Bangor, where a post office build-
ing is being completed.

J. Abner Patterson, who for the past
four years has been employed in Seat-
le, Wash., has returned to Rumford,
and accepted a position in Israelson's
Clothing Store.

The Public Utilities Commission has
rendered its verdict concerning the
death of Fred Cote at the Lincoln av-
enue crossing of the M. C. R. R. The
report, under date of June 7, states
that the death was entirely due to
Cote's going upon the crossing without
taking reasonable pains to ascertain
whether a train was approaching.

The Direct Importing Co. will soon
move into one half of the Grace W.
Mills Co. store.

The many friends of Mrs. Hemlin-
way will be sorry to learn that she is
sick at her home on Congress street.
Dr. Sturtevant of Dixfield is attending
her.

Rumford is to have a new industry,
a magnesium manufactory. Robert M.
Keeney, who came here from Oregon,
is the manager of the concern, which
has its head office in New York City.
The plant is to be located on the site
of the old planing mill of Foster and
Dulley on Railroad street near the
round house. Work was begun on it
last week. The building will be a sub-
stantial one of brick and steel. The
H. P. Cummings Construction Co. of
Boston and Ware, Mass., have the con-
tract.

The many friends in town of Mrs.
Winifred Staples Smith will be sorry
to learn of the painful accident which
befell her at Hotel Stanley, Dixfield,
last week. It seems that as Mrs. Smith
was descending the stairs she tripped
and fell, breaking the bones of her leg
near the ankle. The fracture was re-
duced by Dr. Sturtevant of Dixfield,
who was immediately called. A speedy
recovery is hoped for.

The graduating exercises of the Rum-
ford High school took place on Thurs-
day evening of last week in the Majes-
tic Theatre. For the first time in the
history of the school, the class, to the
number of fourteen, graduated in cap
and gown, and no flowers were allowed.
The exercises were very interesting,
each one doing their part exceptionally

HELPS HEADACHE

A Sure Remedy

You think with your head, but you
work with your stomach. You feed
your stomach, but your stomach feeds
your brain, blood and muscle with the
food which it must first digest. When
the stomach goes wrong, the head goes
wrong. When you get a sick headache,
help your stomach with "L. F." At-
wood's Medicine, and your head will
soon clear and stop aching. Here is
one of many letters to prove it:

"My husband is taking the 'L. F.' Atwood's
Medicine now for dyspepsia and it is helping
him. We do not feel that we can get along
without it. I have taken it for headache and
it has cured me entirely."
—Mrs. Anna C. Jones,
R. F. D. No. 40, Box 34.

Buy a 35c bottle at your nearest
store, or write today for a free sample.

FREE—You take some "L. F." and you
will see how it helps you. We send you a
sample of our medicine free of charge. It
is a sure cure for all stomach troubles.
Write today for your free sample.

"L. F." MEDICINE CO., Portland, Me.

CONVINCING

TESTIMONY

Given By Many Bethel People

Experience told by Bethel people—
Those who have had weak kidneys—
Who used Doan's Kidney Pills—
Who found the remedy effective—
Such statements prove merit.

You might doubt an utter stranger.
You must believe Bethel people.
Here's Bethel proof. Verify it.
Read. Investigate. Be convinced.

You'll find why Bethel folks believe
in Doan's.

William Gunther, River Road, R. F.
D., Bethel, says: "I am a strong be-
liever in Doan's Kidney Pills. I used
them for pain over my kidneys and
they gave me prompt relief. I was rid
of other symptoms of kidney complaint
and my health improved. I publicly
recommended Doan's Kidney Pills some
time ago and at this time, I gladly con-
firm what I then said.

Price 50c, at all dealers. Don't
simply ask for a kidney remedy—get
Doan's Kidney Pills—the same that
Mr. Gunther had. Foster-Milburn Co.,
Props., Buffalo, N. Y. Adv.

well. The program was as follows:
Salutatory, Esther Alice Brown.
Class Essay, "Our Trip to Washing-
ton," Viola Frances Rawley.
Music, High School Orchestra.
Class Oration, "Arbitration vs. War,"
H. Chester Nelson.

Presentation of Gifts,
Yvonne Dello Sullivan.
Mary M. Beals.

Class History, Marion Eva Niles.
Vocal Solo, Dorothy Linnell.
Class Will, Addie Lora Taylor.
Address to Undergraduates,
James Henry McNeill.

Class Prophecy, Ida Geraldine Orino.
Judith Bellevue.
Valetictory, Ruth L. Peabody.
Music was by the High School Orches-
tra.

Work has been begun by a crew of
men on the foundation excavations for
the large addition to the Stephens
High school, an appropriation for which
was made at the March town meeting.
The addition is to be built on the north
side of the building, next to the grove
of trees, and will be a great improve-
ment in school facilities. The contract
has been let to James H. Kerr and
Stephen R. Pennell, both of Rumford.

On Sunday afternoon between six
and seven o'clock, five men in a Buick
car coming down on the Mexico side
of the Swift River road suddenly
struck a piece of sandy road and a
mile and a half this side of Frye Sta-
tion, which caused their car to skid
and turn turtle once and a half over
again, throwing the men with great
force down a small embankment about
ten feet high into Swift River. Dr.
E. A. Sheehy and Father Barry hap-
pening along the road about that time
were halted for help. Three of the men
were slightly hurt, but an oldish man by
the name of Quinby and his son from
New Hampshire were quite seriously
injured. Finally by the aid of other
passers by Dr. Sheehy and Father
Barry succeeded in getting the men
from the river to the nearest farm
house, where they telephoned for Dr.
Hanson. The older man was taken to
Dr. McCarthy's Hospital where it was
found that he was hurt internally and
he died on Monday. The younger man
was improving at last accounts. Seem-
s three of the men were a Mr. Quinby
of New Hampshire and his two sons,
guests of Mr. Quinby of Roxbury road,
Mexico. They had all been on a fish-
ing trip, and were just returning when
the accident happened.

Mr. and Mrs. Alpheus E. Grover and
Mr. and Mrs. Fanning J. Barbank of
Portland were the week end guests of
their sister, Miss Mabel Chase, and
their cousin, Mrs. George A. Hutchins.

Miss Bibiana Gauthier is at home
from the convent in Waterville for the
summer vacation. She is with her par-
ents, Mr. and Mrs. Arthur Gauthier.

Miss Lena Felt has been spending
the past week in Boston and vicinity.
Charlie Monmont, Edmund Sutton, Er-
nest Orino, Fred Furbish, and Pete Me-
tevier were arrested last Thursday
morning, charged with throwing stones
at John Dunlay, who works for the B.
P. Power Co. at the head gate. The
boys, it is said, went to Orino's fruit
store early in the evening and loaded
themselves with rotten oranges and
bananas, and started on the war path.
They made the rounds of River street
and pelted every Polandier they could
find with the rotten fruit. When their
supply had been exhausted, they used
stones as missiles. At about mid night,
according to Mr. Dunlay, the boys met
him near the site of the proposed Post
Office building on Congress street and
three stones at him. The boys were
arrested before Judge McCarthy on
Friday morning and pleaded not guilty.
They were bound over to the October
term of court.

Mr. Brazier, who for the past eight
or nine months has been working for
the American Express in Rumford, left
on Saturday last to take charge of a
summer office for the company at

WEST PARIS

Mr. and Mrs. E. J. Mann and H. R.
Tuell took an auto trip to Portland,
Saturday.

Ten members of Onward Rebekah
Lodge attended the district meeting at
South Paris, Friday evening.

Dr. and Mrs. Wheeler were among
the physicians and their wives who
were entertained at Poland Springs
last week.

The choir of the Universalist Church
were giving a reception at Good Will
Hall, Monday evening. Not all who
have sang during the year were able
to be present, but those in the receiv-
ing line were: Miss Lane, Miss Wall,
Miss Burnham, Miss Parker, Miss
Chandler, Mrs. Stetson. Light refresh-
ments were served and a social hour
was enjoyed after the evening's pro-
gram, which consisted of vocal and
piano solos by Alice Barber; vocal
solo and reading, Mrs. Wood, and music
on the Victrola.

Mr. and Mrs. S. A. Fickett, George
and Harold Fickett and Miss Pressy
of Rumford Falls were guests of Mr.
and Mrs. Henry Perkins, Sunday.

Mr. and Mrs. H. S. Mann and Persis,
Mrs. Emma W. Mann, Mr. and Mrs.
Lewis M. Mann and Mr. and Mrs. E. J.
Mann attended the Kneeland-Mann
wedding at Norway, Tuesday.

SUNDAY RIVER.
Mrs. Amelia Grover spent a few days
with relatives in this place, recently.

Mr. George Spinney is spending the
week with his children in this place.

A large number from this place at-
tended the circus, Tuesday.

Mr. and Mrs. John Nowlin and two
little daughters have gone to Marl-
boro to visit Mrs. Nowlin's parents
for two weeks.

Mr. Hall, who represents the G. P.
& A. Tea Co., was in town, Monday.

Mr. Hall is carrying a large line of
canned goods and groceries and fruit
of all kinds.

Will Powers is working for R. M.
Williamson.

Joe Spinney is working for Albert
Eames.

J. O. Douglass was in town the last
of the week.

Mrs. Dr. Kittredge and Miss Mary
Douglass are staying at the Locke
house for a few days.

H. M. Kendall has purchased a new
hay press and is pressing hay for Eli
Stearns on Bear River.

R. L. Melcher of Rumford was in
town, Sunday.

Mike Gill was in this place on busi-
ness, Monday.

Mr. and Mrs. James Spinney and
Mrs. James Reynolds and son, Roger,
spent Sunday at Roxbury Pond with
friends from Rumford.

Alfred and Herbert Long spent Sat-
urday and Sunday in Lewiston.

James Reynolds has taken Mike
Gill's poplar to peel on the Thomas lot.

J. A. Spinney and H. R. Bailey are
working for R. L. Foster in Ketchum.

Mrs. H. M. Kendall attended the
graduation of her niece, Miss Gertrude
Grover, in Gorham, Me., last Friday.

CONSTIPATION CAUSES
MOST ILLS

Accumulated waste in your thirty
feet of bowels causes absorption of
poisons, tends to produce fevers, upsets
digestion. You belch gas, feel stuffy,
irritable, almost crazy. It isn't you
—it's your condition. Eliminate this
poisonous waste by taking one or two
Dr. King's New Life Pills to-night.
Enjoy a full, free bowel movement in
the morning—you feel so grateful, get
an original bottle, containing 30 pills,
from your Druggist to-day for 25c.
Advertisement.

Northeast Harbor.
Mrs. Edith Neal and daughter, Har-
riette, left on Tuesday morning of this
week for a month's outing at Little
Bach Island.

Mrs. B. Gould McIntire and two chil-
dren are expected on Saturday of this
week from Georgetown, S. C., to spend
the summer with Mrs. McIntire's par-
ents, Mr. and Mrs. Oscar G. Osgead, of
Franklin street.

Miss Clara Thibodeau, who has been
head milliner for Mrs. O. A. Pettengill
this past season, left on Monday morn-
ing of this week for her home in Old
Town.

Mr. and Mrs. Frank Hunt were away
visiting friends last week.

Mr. Hugh Thurston, manager of the
mill, is placing in the machinery for
the summer's work. Work will be re-
sumed probably next Monday, June 21.

The rivers of the United States car-
ry to tide-water every year 370,000,000
tons of dissolved matter and 513,000,000
tons of suspended matter. This total
of 783,000,000 tons represents more
than 350,000,000 cubic yards of mat-
ter, or 610,000,000 cubic yards of surface
soil.

Miss Doris Ordway sang a solo, and
Mr. Frank Brown and his daughter
sang a duet, in the Sunday services of
the Union Church.

Mr. and Mrs. Frank Hunt were away
visiting friends last week.

Mr. Hugh Thurston, manager of the
mill, is placing in the machinery for
the summer's work. Work will be re-
sumed probably next Monday, June 21.

The rivers of the United States car-
ry to tide-water every year 370,000,000
tons of dissolved matter and 513,000,000
tons of suspended matter. This total
of 783,000,000 tons represents more
than 350,000,000 cubic yards of mat-
ter, or 610,000,000 cubic yards of surface
soil.

Miss Doris Ordway sang a solo, and
Mr. Frank Brown and his daughter
sang a duet, in the Sunday services of
the Union Church.

Mr. and Mrs. Frank Hunt were away
visiting friends last week.

Mr. Hugh Thurston, manager of the
mill, is placing in the machinery for
the summer's work. Work will be re-
sumed probably next Monday, June 21.

The rivers of the United States car-
ry to tide-water every year 370,000,000
tons of dissolved matter and 513,000,000
tons of suspended matter. This total
of 783,000,000 tons represents more
than 350,000,000 cubic yards of mat-
ter, or 610,000,000 cubic yards of surface
soil.

Miss Doris Ordway sang a solo, and
Mr. Frank Brown and his daughter
sang a duet, in the Sunday services of
the Union Church.

Mr. and Mrs. Frank Hunt were away
visiting friends last week.

Mr. Hugh Thurston, manager of the
mill, is placing in the machinery for
the summer's work. Work will be re-
sumed probably next Monday, June 21.

The rivers of the United States car-
ry to tide-water every year 370,000,000
tons of dissolved matter and 513,000,000
tons of suspended matter. This total
of 783,000,000 tons represents more
than 350,000,000 cubic yards of mat-
ter, or 610,000,000 cubic yards of surface
soil.

ANDOVER

Mrs. Laura Moody was the week end
guest of her parents, Warren Marston
and wife.

The Ladies' Aid of the Congrega-
tional Church met Wednesday with Mrs.
Edward Pratt, Sr.

The Hamilton Picture Co. were in
town for three evenings the first of the
week with moving pictures.

Miss Helen Akers has returned from
her school at Oxford.

Mr. and Mrs. Irving Hanson and
daughter who have been visiting at
Y. A. Thurston's, returned to their
home in Rumford, Monday.

Rev. J. A. Waterworth will occupy
the pulpit at the Congregational
church, Sunday morning.

The baccalaureate sermon before the
graduating class of the Andover High
school was preached at the Congrega-
tional Church, Sunday morning by Rev.
Geo. Graham, and there was a large
attendance of citizens and members of
the school besides the class.

Walter Marston has a new Reo tour-
ing car.

Mr. and Mrs. Warren Marston and
Mr. and Mrs. Stephen Marston will at-
tend the G. A. R. Encampment at
Peak's Island next week.

Mrs. Elery Merrill and children
from Rumford Point are spending the
week with her parents, Lucien Akers
and wife.

Edward Stuart and friend from Can-
ada are in town for a few days.

Mrs. Bessie Chase and son have gone
to Canon, N. H.

Mr. and Mrs. Fred Smith and daugh-
ter, Evelyn, attended the conference of
Congregational Churches at South Par-
is last week.

Robert Thurlow, who has been visit-
ing his father, Lyman Thurlow, at Cor-
nish, returned home, Monday.

Mrs. Hollis Ellingwood and children
have gone to the Upper Dam, where
Mr. Ellingwood has work for the sum-
mer.

Y. A. Thurston, wife and son, Ced-
ric, and Irving Hanson and wife were
guests at Pearl Flint's, North Newry,
Sunday.

Mr. and Mrs. Fred Thomas and chil-
dren returned Sunday from C. Pond,
where they had spent a few days in
camp.

Ellery Merrill from Rumford Point
was at Lucien Akers', Saturday and
Sunday.

Mrs. Pauline Blanchard from West-
on, Mass., is at her summer home.

Mrs. Charles Ripley and daughter,
Doris, from Biddeford are in town
for the summer at their cottage.

Geg. French of Nashua, N. H., has
been a recent guest at John French's.

Mrs. Helen Eastman, who has been
the guest of her sister, Mrs. Walter
Marston, has returned to her home in
Canton.

WEST BETHEL.

Mrs. Sadie Vashaw spent the week
end in Gorham, N. H.

Mr. and Mrs. Hugh Thurston are in
Portland for a few days as the mill
has shut down for a week.

Miss Doris Ordway, Libbie Good-
ridge, Bena Sweet and Dorothy Reid
attended Conley's Academy graduation
last Thursday at Bethel.

Mr. and Mrs. Elmer Allen were up
from Bethel, Monday, in their new
auto.

Mr. and Mrs. G. D. Morrill and Mr.
and Mrs. N. M. Scribner were in Nor-
way, Saturday, in Mr. Morrill's new
auto.

The home farm in Mason known as
the Nathan Mills farm has been sold
to Mr. and Mrs. Young from Charles-
town, Mass.

Llewellyn Grover was visited by his
nephew, Mr. Lapham, from New Hamp-
shire, Sunday.

C. A. Tyler and family visited with
Mr. and Mrs. Almon Tyler at Cobble-
stone farm, Monday.

The West Bethel school, taught by
Miss Emily Burke, closes Friday with
the Orange Hall. Admission ten cents.
Deeds open at seven to begin at eight.

countries. It is likely that conditions for best culture would be favorable in the Philip



[This matter must not be reprinted without special permission.]

A piece of zinc thrown on a bright fire will clean the soot out of stove-pipe and chimney.

The hens relish green food of some sort and will amply repay you for the trouble of chopping up cabbage, potato peelings, turnips, etc.

Hens have to have a rest spell some time during the year, from which it follows that if they lay heavily during the spring and summer they are likely to take a layoff during the winter.

A pail or tub of water placed in the cellar will serve as a protection to the vegetables on cold nights, as the water, being more susceptible to cold than anything else, will be the first to freeze.

The value of the farm crops raised in the United States in the year just closed reached the huge total of \$3,187,000,000, an amount far in excess of the value of the crops for any previous year.

The corn crop for the past year broke all previous records for both total yield and value of crop. The number of bushels produced was 3,180,000,000, while the value of the crop is estimated at \$1,759,000,000.

The Christmas cactus gives a profusion of bright colored and attractive bloom at a time of year when the common house plants are usually taking a rest and before the bulbs have come into bloom to any extent.

If the strawberry bed has not been given a coating of straw or cinders, the job should be attended to at once, for serious damage is likely to result in the coming weeks if it is left exposed to the thawing and freezing of the midwinter days.

Don't for the sake of the dollar or two that his work may mean encourage the boy to stay out of school. He will need all the education he can get and then some. School days come but once, and he should be encouraged to make the most of them.

The very open winter season preceding Christmas week was of inestimable value to the farmers who were late in getting their cornshucking out of the way and to the stock, which ranged the fields and pastures and required little additional feed and care.

Fasten a piece of beef suet out in the tree near the house for the nut-hatches, chickadees and other brave little feathered friends that remain in the north after the robin, meadow lark and thrush have departed for their warmer haunts in the south.

A lady friend is worrying quite a bit about her increase in weight. She is now plump and weighs 150 pounds. This good woman does not need to worry or take any anti-fat dope. All she needs do is to cut out the soup and pastry courses and she will be saved from the humiliation which she fears.

It is claimed for the Indian Runner ducks that they lay more eggs in a year than the Leghorns, while young ducklings grow four times as fast as young chickens. Another point that might be mentioned in favor of the ducks is that they are not as subject to disease as chickens, nor are they bothered with lice and mites.

If the national and international egg laying contests that have been and are being conducted accomplish nothing else they will be well worth while, because they are bound to attract attention to the hen that delivers the record-laying egg basket—rather than to the high scoring fowls of the poultry shows, many of which look like, but all too often neither "toll nor spin."

A very proper notion of the importance of the dairy cow as a factor in the production of national wealth is to be had from Secretary Wilson's annual report, recently issued. This shows that the combined value of dairy products for the year 1912 was \$200,000,000, an amount which exceeds the value of the cotton lint and is nearly equal to the combined value of both lint and seed.

As a result of experiments in the growing of sugar beets which have been carried on on the island of Java at an altitude of 2,000 feet it has been found that the beets produced are not only larger than those grown in Germany, but their sugar content is considerably larger, with the result that on the average the yield of sugar per acre would be nearly two and a half times that which is customary in other countries. It is likely that the conditions for beet culture would be equally favorable in the Philippines.

A BOY AND AN ACRE OF CORN.

A wide awake boy twelve years of age, Harvey Jordan, who lives nine miles from Shelby, in Shelby county, Mo., on rural route No. 3, won first prize of \$200 in gold in the boys' corn growing contest which was conducted last season by the Kansas City Star. The yield on this prize was ninety-six bushels and thirty-five pounds. But the yield was not the only determining factor in the awarding of the prize. The other considerations were the practicability of the methods employed and the boy's own story of how he grew the corn. The variety of corn grown was pure bred Reid's yellow dent, the seed having been saved the fall previous before there were any heavy freezes, stored in a dry attic and carefully tested before planting. The land on which this corn was grown was a bottom pasture land—a sandy loam with a clay subsoil. The corn was checked in with a two row planter on May 18, the hills being forty-two inches apart each way. On May 25 and 26 the acre was harrowed lightly and on June 8 cultivated about three inches deep. On June 11 and 20 the acre was also cultivated, and on June 29 it was cultivated lightly the last time with a disk cultivator. On July 10 and 25, owing to a severe drought, the lad hitched a single horse to an old planter wheel and dragged between rows with it. With the corn yield of the state of Missouri but 81.0 bushels per acre, the showing made is an admirable one. Besides the prize of \$200, Harvey has saved thirty bushels of seed corn, which should be worth \$2 per bushel. The remaining sixty-six and a half bushels are worth \$28.60 at 40 cents per bushel, making the boy's income from this acre \$288.60. He plans to use this money to pay his expenses at the State Agricultural college, and it is fair to assume that he will give an account of himself there.

MUSHROOM GROWING.

If any of our readers should chance to get inoculated with the mushroom growing microbe it would be a good idea for them to find out all about the business they can before going into it on a big scale. There are a good many risks and chances connected with it, while the returns even under the most favorable conditions are but little more than in the growing of the common garden crops. Especially should one beware of flaming advertisements telling of enormous profits to be made, coupled with offers to sell the spawn for starting the beds at exorbitant prices. This is nothing but sucker bait, and one should give such firms a wide berth. If you should want to start in the business on a modest scale write to the agricultural department at Washington or to your own experiment station for the address of reliable firms from which the spawn can be got. The government bulletin on mushroom growing may also be had for the asking.

WILL ENCOURAGE FRUIT GROWING.

The province of Vera Cruz, Mexico, proposes to encourage fruit culture by offering big cash prizes. Prizes of from \$100 to \$1,000 are to be awarded to those fruit growers who shall plant and first bring to market crops from trees devoted to the raising of oranges, mangoes and pineapples. These orchards must have from 1,000 to 10,000 trees and from 10,000 to 100,000 pineapples. All those engaging in fruit culture under the conditions named are to be exempt from land taxes for a period of ten years and are to have the benefit of a refund in freight charges equal to 10 per cent for a similar period on all fruits which they ship to market. This is encouragement of a very definite kind, and under it the fruit raising business ought to prosper.

CHURNING HINTS.

Cream from cows far advanced in their periods of lactation often churns hard. This difficulty may be reduced considerably if care is taken to see that each batch of cream is cooled and then carefully mixed with the rest of the cream on being added to it. Cream of the night before and of the morning of the day of the churning should not be included in the churning. A further aid will be found to be the addition to the cream the day before it is churned of a half a cupful of sour or butter milk for each two and a half gallons of cream. This serves as a starter and tends to produce an even ripening. A thermometer suitable for the purpose should be at hand, and the cream should show a temperature of from 53 to 60 degrees F. when ready to churn.

SHOULD MAKE A DISTINCTION.

It is not only due to the poultry keeper who produces eggs in winter, heavy coat, but also to the consumer, that there should be a distinction recognized by law between strictly fresh eggs and the storage brand that are thrown on the market at advanced prices during the winter months and often palmed off for fresh. If the law provided that only strictly fresh eggs could be sold as such to the producer and the consumer would be safeguarded, the former receiving a price that would be commensurate with the cost of production, while the latter for the sake of getting strictly fresh eggs would be willing to pay the extra price. A good many states have passed laws covering this matter of fresh and storage eggs. Others ought to do so.

J. E. Trigg

OUR BIG JUNK HEAP.

Vast Amount of Metal Recovered Annually From Waste and Scrap.

The value of the "secondary metals," exclusive of gold, silver, platinum and iron, recovered in the United States in 1913 was \$72,845,000, according to J. P. Dunlop of the United States geological survey. Even this large figure is a decrease compared with 1912, when the value was \$77,390,000.

The term "secondary" is applied to metals recovered from scrap metal—waste, shavings, drosses, etc.—as distinguished from "primary metals," which are derived from ore, but without implication that the secondary metals are of inferior quality. The survey figures reveal in a partial way the vast extent of the waste material industry, which yearly becomes greater and better organized. The value of old iron and steel reused exceeds that of remelted brass, and the value of old rubber and paper stock amounts to many millions of dollars.

For a few purposes requiring especial purity of material it is necessary to employ primary or virgin pig metal, but as a general rule secondary metals can be used in whole or in part, and most foundries use them. Over 90 per cent of the refining and smelting of drosses and scrap metals in the United States is confined to the territory east of St. Louis and north of the Ohio river.

The amount of secondary copper (including that in brass) recovered in 1913 was 136,500 tons, being over 22 per cent of the primary copper smelted from domestic ores during the year.

The secondary lead recovered amounted to 72,834 tons, equal to nearly 17 per cent of the refined lead produced from domestic ores.

The output of secondary zinc was 79,570 tons, equal to 22 per cent of the production of primary zinc.

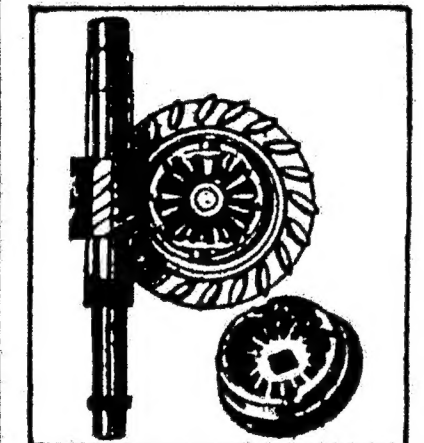
The recovery of secondary tin is of especial importance, for practically no domestic tin ore was smelted in the United States, and the secondary tin recovered in 1913 (14,178 tons, valued at \$12,567,370) was more than 27 per cent of the tin imported during the year.

In aluminum the recoveries in 1913 amounted to 3,054 tons, valued at \$2,100,480.

NEW TYPE OF WORM GEAR.

Device for Automobiles That Increases Power and Lessens Wear.

By placing the teeth of a worm gear on the side of the wheel instead of on the outer edge, a French inventor has produced a new type of driving gear for automobiles. Only the center tooth is fully meshed in the ordinary type of worm gear, while



with the new gear the teeth are so shaped that each is in full mesh as long as it engages the worm. A feature that increases the power and adds to the life of the apparatus.

With the ordinary type the worm must be set either above or below the axle casing and the engine must therefore be set high or inclined in order to obtain a straight line drive. This is overcome in the new gear, as the worm may be set as close to the axle as may be necessary.

Instrument For Measuring Earthwork.

Measurement of earthwork in railroad fills and cuts constitutes a large part of the field work in the federal valuation of railroads. The work involves innumerable cross sections, and the importance of any special means of expediting the work or minimizing the computations is apparent. An instrument has been devised which entirely eliminates the need for trigonometric tables in the field work and reduces the calculations to simple multiplications and additions. The instrument is stripped of all attachments not needed for this work alone and is designed to permit the most rapid use.—Engineering Record.

New Type of Light Dome.

A dome made of china and designed by manufacturers of art ware and decorative dinner sets for use with electric lamps is now being placed on the market. The dome is made of opaque china, a high grade clay being used in its manufacture. The body of the dome is snowy white, and the surface, both interior and exterior, is provided with a velvety glaze. Domes of this type can be embellished with a variety of decorative colors, and as the colors are burned in the china, the decorations do not deteriorate or become tarnished.—Electrical World.

Protecting Polished Steel Surfaces.

A coating that will protect hardware and machinery tools from rusting may be made as follows: Mix well four ounces of denatured varnish with a half gallon of turpentine and dip the articles into it or apply as a wash. A thin coat of this colorless varnish will not show on the polished surfaces of tools, but will protect the surfaces indefinitely, unless scratched.

WINTER INJURY TO THE APPLE TREES AND WHAT TO BE DONE.

Evidence that More or Less Winter-killing Occurred in Maine Apple Orchards in the Winter of 1914-15. Recommendations from the Maine Experiment Station.

The following has just been issued by Director Charles D. Woods of the Maine Agricultural Experiment station:

On account of the somewhat abnormal weather conditions which prevailed during a considerable part of the past winter, the plant pathologist of the Maine Agricultural Experiment Station was at that time apprehensive of winter injury to apple trees. Recent events would indicate that these fears were not entirely groundless.

Contrary to a somewhat prevalent notion, winter-injury is fully as likely to take place in a mild winter as in a severe one. Unseasonably mild, thawing weather causing the sap to start, particularly if followed rather suddenly by the normal low temperatures for the time of year, frequently results in much greater damage than that which comes from excessively low temperatures. Periods of weather of the first class were quite frequent during the past winter in Maine. Also over a good part of the orchard belt the ground was either bare or only lightly covered with snow throughout the winter months. This condition of affairs undoubtedly led to considerable root injury, particularly in the heavier and more poorly drained soils.

Some evidence of winter injury has begun to appear this spring, although it is yet too early to state definitely how general and widespread it is. At Highmore Farm a few of a lot of young Baldwin trees set last year in well drained soil are apparently dead this spring. These trees were very thrifty and free from disease last season. Also a certain amount of winter-killing took place in the case of trees grown in the nursery. While it is too early to state conclusively it is thought that some of the older Baldwin trees have suffered somewhat. No evidence of winter injury has as yet been observed on the Ben Davis trees on this farm. Specimens showing the same trouble are also coming to the Station from other sources.

While the characteristics of winter injury are more or less varied they are sufficiently well marked so that the average observer should be able to recognize them as they occur in this State. The history of the case is a very important factor in determining the cause. In Maine if a tree or a lot of trees are reasonably free from borers, canker and other similar insect and fungous troubles, if they appear fairly vigorous and healthy one season but begin to show marked signs of disease and death early in the following summer, the evidence is presumptive that the weather conditions of the previous winter are intimately associated with the cause of the trouble. There is only one parasitic disease of the apple—fire blight—which works so rapidly that its effects might be and have been at times confused with winter injury. As far as known typical cases of fire blight of the apple resulting in a large amount of injury to trees in a single season, such as occur in the other states farther west, have never been found in Maine.

In the case of young trees showing winter injury the whole plant may be dead in the spring and put forth no leaves whatever. A very common manifestation of the injury to older trees, and one which is often confusing to an observer unfamiliar with it, is the apparent onset of the trouble after growth has started in the spring. In such cases the leaves surrounding the fruit bud clusters open and start to grow as usual and the flowers apparently open normally. As a rule the leaves do not grow so rapidly on the injured parts as these on unaffected branches. About the time the petals begin to fall, or sometimes a little after, the most severely affected twigs or small branches wither rapidly and die. In the winter of 1906-7 many large trees of the more susceptible varieties of apples were killed outright. As a general thing injury to the larger branches and trunks is usually confined to the killing of definite areas of bark. Frequently these are located on those parts of the tree which are most exposed to the afternoon sun of winter. The tissues become thawed out, cool rapidly as night comes on and injury results. A similar injury has been produced by pouring warm water—not hot enough to cause injury of itself alone—on the bark of an apple tree trunk on a cold day in winter.

The injured bark on the trunk and larger limbs early begins to dry out, sinks away and later shows a fairly definite to a marked line, or sometimes a crack along its boundary. When cut into it will show a browning, varying in intensity with the time which has elapsed since the injury occurred. Later in the season it dries out entirely and becomes hard. Usually where large areas of bark are affected there is evidence of the invasion and growth of saprophytic fungi during the summer following the occurrence of the injury. A very marked and apparently abnormal form of bark injury was char-

acteristic of the trouble in certain localities in 1906-7. This was what was known as "crotch injury." In certain orchards the bark in nearly every large crotch would be entirely killed, making wounds which were very difficult to treat. There is some evidence for believing that this same form of injury has occurred to a much less extent during certain other winters.

Some orchardists expect a pathologist to be able to devise methods by which to prevent entirely this difficulty or to at least cure it after it has occurred. A man may take certain precautions to prevent lightning striking his buildings, but it is beyond his power to eliminate this source of danger entirely. Similarly if the lightning sets them on fire, he may, if fortunate and energetic, save some of his property or even prevent the complete destruction of his buildings, but there is no way of repairing the damage except by replacing the destroyed or badly injured parts with new.

Winter injury to fruit trees in one sense belongs to the same category with the lightning stroke. By only planting the varieties which have proven the most hardy for the locality by proper drainage of the soil, by avoiding too late forcing of the trees in the fall and by paying attention to certain other factors, a considerable part of the danger from winter injury sometimes can be eliminated. But no matter how skillful an orchardist may be he cannot always avoid the trouble.

Much can be done to repair the damage and to prevent the after effects which are often more severe than the winter injury itself, but the only way to ever get an entirely sound tree in place of one whose large patches of bark on the trunk, larger limbs and in the crotches have been destroyed is to set a new one. This does not mean, however, that it is not possible frequently to repair a badly injured tree, through the assistance of time and nature, so that it may be preserved for many years of usefulness.

While severe pruning and cutting back immediately following winter injury is not advocated, all dead wood and bark as soon as it can be detected should be removed and cut back to a place somewhat beyond its junction with the healthy tissues. Numerous forms of fungi which normally grow only on dead or decaying wood soon gain entrance to the injured bark on various parts of the tree and to the wood of small limbs. If allowed to grow they gradually work back into the uninjured tissue, killing it, and if left alone lead to the final destruction of the tree. The smaller wounds serve as places for the entrance of the more strictly parasitic fungi, which produce true cankers in the wood and bark, spreading each year until the affected portion of the trunk or branch is girdled and killed.

The Station has always recommended that after the dead tissues were entirely removed that the wounds thus made be disinfected with a solution consisting of one ounce of copper sulphate in a gallon of water and then painted with a pure white lead and oil. From the results of certain experiments recently published by the New York Agricultural Experiment Station, it is claimed that no particular advantage is gained by painting the wounds or covering them with wax or other protective material. In fact many of the protective materials applied caused injury and the wounds healed more slowly than where nothing was used. Of the paints, including coal tar, etc., white lead was the more satisfactory. Ordinarily shellac produced no injury and seemed to produce a stimulating effect the first year. It did not, however, adhere to the wounds as well as the other materials. These experiments had to do with ordinary pruning wounds. It would still seem that large patches of wood laid bare by the killing of the bark should be protected by white lead or at least shellac.

I REMEMBER.

I remember, I remember the house where I was born, the little window where the sun came peeping in at morn. You'd hardly know the old place now, for Dad is up-to-date and the farm is scientific, from the back lot to the gate. The house and barn are lighted with bright acetylene, the engine in the laundry is run by gasoline; we have autos, we have dynamos and things, a telephone for gossip and a phonograph that sings. The hired man has left us—we miss his homely face—a lot of college graduates are working in his place. There's an engineer and fireman, a chauffeur and a vet., electrician and mechanic, Oh, the farm's run right, you bet. The little window where the sun came peeping in at morn now brightens up a bath room that cost Dad a car of corn. Our milkmaid is pneumatic and she's sanitary, too, but Dad gets fifteen cents a quart for milk that once brought two. Our cattle came from Jersey and the hogs are all Duroc, the sheep are South down beauties and the chickens Plymouth Rock. To have the best of everything, that is our aim and plan, for Dad not only farms it, but he's a business man.—E. P. McIntyre.

IT PAYS TO ADVERTISE.

PRODUCTION AND SHIPMENTS OF PORTLAND CEMENT, 1914.

Figures Gathered by United States Geological Survey Show Decrease in Both Quantity and Value of Output.

The total production of Portland cement in the United States in 1914, according to Ernest F. Burchard, of the United States Geological Survey, was 88,230,170 barrels, valued at \$31,740,368; the production for 1913 was 92,097,131 barrels, valued at \$32,557,617. The output for 1914 represents a decrease in quantity of 3,866,961 barrels, and a decrease in value of \$10,708,249. The value assigned to the production is computed on the basis of 92.7 cents a barrel, or the average value of the Portland cement shipped in 1914.

The shipments of Portland cement from the mills in the United States in 1914 amounted to 86,437,956 barrels, valued at \$30,118,475, compared with 88,089,377 barrels, valued at \$30,106,976, shipped in 1913. This represents a decrease in quantity of 2,251,421 barrels, and in value of \$8,983,500. The average factory price per barrel in bulk for the whole country in 1914 was 92.7 cents, compared with \$1.005 in 1913, a decrease of 7.8 cents a barrel. This price is about 11.8 cents higher than the average price in the Lehigh district and is near the average price in New York, Illinois, Iowa, the Southeastern States, and the Plains States, but falls 42.5 cents below the average price received in Utah, where Portland cement brought the highest figure during the year.

Among the States there were unimportant changes in rank as cement producers. Pennsylvania and Indiana held first and second places respectively, as for many years, but both of these large cement-producing States suffered an appreciable reduction of output. In 1913 the output of California exceeded that of New York and Illinois, but in 1914 this State dropped from third to fifth place. New Jersey dropped from seventh to ninth place, having been passed by both Michigan and Iowa in 1914. The State of Kansas, which has attracted considerable attention in the cement world, first because of the rapid development of the industry within its borders on account of the proximity of abundant supplies of suitable raw material and cheap natural gas, and later because of the waning of the gas supply and the consequent increase in cost of manufacture of cement which resulted in curtailment of output, maintained its rank of tenth among cement producers and suffered but little reduction of output, although the price of cement here fell considerably below the average. Iowa and Ohio both showed gratifying increase in output and appear also to have kept prices up more successfully than many other States. In the far West, in Washington, conditions were brought into balance by a considerable curtailment of production and an increase in shipments, although prices fell heavily; in Utah production was largely and shipments slightly increased, and prices were also increased. The only other States showing increase of prices were New Jersey and Texas.

Of the twelve commercial districts into which the United States is divided, there was an increase in production in five—New York, Michigan-northern Indiana, Maryland-West Virginia, Iowa-Missouri, and the Rocky Mountain States—and an increase in shipments in seven—New York, Ohio-western Pennsylvania, Michigan-northern Indiana, Kentucky-southern Indiana, Maryland-Virginia-West Virginia, Iowa-Missouri, and the Rocky Mountain States. There were decreases in production in seven districts—Lehigh, Ohio-western Pennsylvania, Kentucky-southern Indiana, Illinois-northern Indiana, Tennessee-Alabama-Georgia, Great Plains, and Pacific coast, and decreases in five districts—Lehigh, Illinois-northern Indiana, Tennessee-Alabama-Georgia, Great Plains, and Pacific coast. The largest percentage of increase of production was reported from New York, but the increase in shipments in that district was only half as great. The districts that showed the heaviest percentage of decrease in both production and shipments were the Tennessee-Alabama-Georgia district and the Pacific coast.

CIVIL WAR HORSE STILL SURVIVES.

The oldest horse that served the country in the War of the Rebellion is still alive, at the age of 53 years, at Horachens, N. Y. It is owned by P. A. McIntosh who is also a veteran of the same war. To prove his assertion Mr. McIntosh shows the government brand on the animal's hip, which reads "I. C. 1865." Horse and man served in the same regiment. Although bent with age, his hair turning gray and his teeth becoming worn, the old warhorse is still able to eat 12 quarts of oats and take his master to town several times a week. It is estimated the animal is at least 53 years old. Farmers say the average life of a horse is about 15 years.

